



ROLE: Mind Body Facilitator

Job Description

ROLE OVERVIEW:

On the Margins is seeking to contract with two (2) dynamic Mind-Body Facilitators to support participants and their families from our ¡DALE! Program. ¡DALE! Is designed to empower high school students in their pursuit of educational justice. The facilitator will lead engaging mind-body sessions, integrating practices such as breathing techniques, movement and art. This role is crucial in fostering a holistic approach to social emotional development, community engagement, and personal growth.

As a contracted facilitator, your primary responsibilities will involve facilitating five (5) mind body groups for the calendar year of 2024 for participants and their families, collaborating with the OTM team, and attending four (4) supervision meetings to ensure the success and effectiveness of the program. Each group will have eight 2-hour sessions and no more than ten (10) participants.

Compensation: \$65 - \$75 an hour not to exceed 35 hours per group.

CORE RESPONSIBILITIES

Facilitation of Mind-Body Groups:

- Lead engaging and transformative mind-body sessions for program participants.
- Create a safe and supportive environment for individuals to explore the mind-body connection.
- Utilize a variety of modalities from the Center for Mind-Body Medicine Curriculum to support participants in their own exploration of self.

Collaboration with OTM Team:

- Participate in regular planning meetings with the co-facilitator from the On the Margins team to align program goals and activities.

Supervision and Professional Development:

- Attend four (4) supervision meetings with OTM leadership to discuss progress, challenges, and continuous improvement opportunities.

WHAT ON THE MARGINS TEAM WILL OFFER:

Marketing and Recruitment:



- The OTM team will handle the marketing and recruitment of participants, ensuring a diverse and engaged group for the ¡DALE! program.

Group Coordination:

- OTM will take care of logistical aspects such as calling participants, booking venues, and purchasing necessary supplies for the mind-body groups.
- This support allows the facilitator to focus on delivering impactful sessions without the burden of administrative tasks.

Supervision and Evaluation:

- OTM Leadership will actively engage in supervision sessions, providing guidance, feedback, and resources to enhance the facilitator's skills and effectiveness.
- OTM will design the evaluation tools and analyze the data for each group.

ABOUT ON THE MARGINS:

On the Margins is a transformative organization committed to collaborative action for a more just and joyful world. Rooted in anti-racist, joy-focused, and sustainable practices, we challenge systems of oppression in various spaces, including education. Our vision encompasses a world without prisons and borders, emphasizing racial, gender, economic, and ecological justice.

PROGRAM DESCRIPTION:

¡DALE! is a program under On the Margins that aims to empower high school students who are passionate about addressing educational justice in their schools. The program seeks to strengthen student skills, bring together leaders and community organizers committed to educational justice, and create a pipeline of youth organizers and leaders in Sonoma County.

To Apply: Please submit your application [here](#).